

Sports and Cultural Activities

St Andrew's College 2013



St Andrew's College



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Can You Help?

COACHES AND MANAGERS REQUIRED

St Andrew's College invites you to assist with one of our sports teams as a Coach or Manager.

We'd particularly like to hear from people interested in coaching cricket, hockey, basketball or netball, but assistance in any sport is appreciated. Positions could be for either mid-week or weekend teams. Most positions have some remuneration attached to them.

Please contact Denley Jones

If you can help or for more information – Ph 940 2055 or email DJ0@stac.school.nz

Introduction

St Andrew's College has a proud history and strength in both sport and the performing arts. The co-curricular programme is seen as a major part of a student's life at St Andrew's College. Involvement in co-curricular activities is compulsory for students in Years 9 to 12, as is the College athletics day. Staff try to cater for a wide variety of interests and abilities, and encourage both elite performance and enthusiastic involvement.

This publication is designed to provide students and parents with information needed to choose the sports and cultural activities they want to take part in, and also to provide information that may be required during the year.

Student Co-curricular Obligations

All students from Year 9 until Year 12 are required to take part in one summer and one winter sport or cultural activity. Sports participation is encouraged but optional for Year 13 students. Students may participate in more than one sports or cultural activity per season provided the activities do not clash.

Students may apply in writing to the Head of Co-curricular for a dispensation from their sporting and cultural obligations where there is a significant commitment to a sport or cultural activity outside the College that isn't catered for in the College (e.g. gymnastics, judo or representative swimming squads).

It is expected that all students will play for St Andrew's in their main sport/cultural option.

When selecting squads to go to tournament to represent St Andrew's, selection will be based on students who play for the College and only in exceptional circumstances will other students be considered.

Information for Students and Parents

Draw notices and results are regularly posted on the sports notice board outside the gymnasium block. The same information is available on the College intranet (<http://intranet.stac.school.nz>) under Sports Draw. The Cultural calendar is also on the College intranet site and a regular music newsletter is sent by email.

Students should also regularly check their email and the daily notices for further information.

Sport and Cultural Options

Below is a list of available sports and cultural activities. Each student (Years 9-12) has to choose at least one activity from the summer list and at least one different activity from the winter list, unless they have chosen a year long activity.

Please note:

- Middle School students have to choose at least one team activity;
- You may choose more than one activity provided that the schedules do not clash;
- Students need to choose **either** a year long activity **OR** a winter and a summer option;
- You must do the same summer sport in both Term 1 and Term 4.

SUMMER

Athletics
Cricket
Cross Country and Road Race
Futsal
Golf
Multi-sport
Rowing
Squash
Swimming
Tennis
Touch
Volleyball
Yachting

WINTER

Badminton
Basketball
Cycling
Football
Golf
Hockey
Netball
Rugby
Skiing / Snowboarding
Squash
Table Tennis
Trap Shooting

YEAR LONG

Chess
Equestrian
Ice Hockey
Target Shooting

Barbershop
Chamber Orchestra
Concert Band
Dance
Debating
Drama
Jazz Band
Jazz Combo
Junior Jazz Band
Percussion Ensemble
Pipe Band
Rock / Contemporary Groups
String Ensemble
Secondary School Choir
Secondary School Chorale
Theatre Sports
Writing for Publication

Spectator / Parent Code of Conduct – Sport

1. Applaud the performance of both teams;
2. Be positive with the referee;
3. Acknowledge the efforts of the referee;
4. Let players play their game, not your game;
5. Praise efforts, not results;
6. Set an example for the players;
7. Support the coaching staff.

Inter-House and Lunchtime Sport and Culture

Student leaders will run a range of competitions plus a full programme of sports and cultural activities for students throughout the year.

Cultural Activities

The College enters various music, dance, drama and theatre competitions and events during the year including inter-school, regional and national levels.

Tournaments

There are a variety of tournaments at junior and senior level during the year. Major tournaments and competitions take place during tournament weeks both in summer and winter for athletics, badminton, basketball, cricket, cross-country, football, golf, hockey, ice-hockey, rowing, rugby, shooting, table tennis, tennis, touch, underwater hockey and volleyball.

Selection for these teams is based on players that play for the College throughout the season.

Sports and Cultural Exchanges and Overseas Tours

Students are presented with opportunities to participate in inter-school exchanges with schools from around the country and overseas. This is an important part of the St Andrew's College sports and cultural experience. Some teams and groups have overseas tours biennially. There will be a planned programme of fundraising for these tours but the majority of the costs are met by the individual student's family.

Sport and Cultural Contacts

Head of Values and Culture	Mr Hamish Bell	hbe@stac.school.nz
Head of Co-curricular	Mr Denley Jones	djo@stac.school.nz
Head of Music	Mr Duncan Ferguson	df@stac.school.nz
Head of Drama	Mrs Julie Drummond	jdm@stac.school.nz
Pipe Band Director	Mr Richard Hawke	rha@stac.school.nz
Arts Coordinator	Ms Margot Button	mbu@stac.school.nz
Sports Coordinator	Mrs Leanne Power	lpo@stac.school.nz

Sport and Cultural Tutors / Coaches for 2013

Athletics	Mr Chris Atkinson
Badminton	Mr Richard Whiteside
Barbershop	Ms Virginia Humphrey-Taylor
Basketball	Miss Ann-Maree Craighead
Chamber Orchestra	Mr Mark Hodgkinson
Chess	Mr Ian White
Concert Band	Mr Mark Hodgkinson
Cricket	Mr Michael Johnston
Cross Country and Road Race	Mr Chris Atkinson
Cycling	Mr Brett Clark
Dance	Ms Margot Button & Mr Simon Williams
Debating	Mrs Helaina Coote
Drama	Mrs Julie Drummond
Equestrian	TBC
Football	Mr John Quealy
Futsal	Mr Matt Nicoll
Golf	Mr Bill Clarke
Hockey	Mrs Leanne Power
Ice Hockey	Mr Geoff McGregor
Jazz Band	Mr Duncan Ferguson
Jazz Combo	Mr Duncan Ferguson
Junior Jazz Band	Mr Duncan Ferguson
Multi-sport	Mr Rainer Klebert
Netball	Mrs Leanne Power
Percussion Ensemble	Mr Roanna Funke
Pipe Band	Mr Richard Hawke
Rock / Contemporary Groups	Mr Duncan Ferguson
Rowing	Dr Jack Dzenis
Rugby	Mr Michael Johnston
Secondary School Choir	Ms Margot Button
Secondary School Chorale	Mr Ravil Atlas
Skiing / Snowboarding	Mr Ian White
Squash (Winter)	Mr Steve MacIntosh
Squash (Summer)	Mrs Raewyn Buckley
String Ensemble	Miss Sandra Smith
Swimming	Mr Ian White
Table Tennis	Mr Lyndon White
Target Shooting	Mr Graeme Besley
Tennis	Mrs Leanne Power
Theatre Sports	Mrs Anna Garrett
Touch	Mr Phil Adams
Trap Shooting	Mr Roland Burrows
Volleyball	Miss Ann-Maree Craighead
Writing for Publication	Mr Andy McIntosh
Yachting	Mr Steve MacIntosh

Cups and Trophies

Cups and trophies are awarded to students for their sports and cultural performances during the year. These are normally presented at the Friday awards assemblies throughout the year. Parents of students receiving trophies will be invited to the assembly and are also welcome to stay for morning tea afterwards.

If you receive a trophy, it is your responsibility to return it cleaned and engraved to either reception or directly to Mr Jones. Students who were presented with sports trophies in 2012 will need to return their trophies in 2013 by the following dates:

- **Athletics and swimming trophies:** 1 February 2013
 - **Winter sports trophies:** End of Term 2 - 2013
 - **Summer sports trophies:** End of Term 3 - 2013
-

Sports Uniforms

Details of uniform requirements for each sport are outlined in this booklet. A sports uniform is available through the College Shop. In some cases students are provided with sets of uniforms that remain the property of the College, and a deposit and/or hire charge may be required. Students failing to return such gear will be invoiced for the cost of replacement.

All teams are required to wear their full sports uniform for all team photos.

When travelling to and from sporting events, or returning home following sport practices and matches, students are required to wear either the full College tracksuit or full school uniform.

Transport

Teams are transported to games and cultural events using College vans, or hired taxis and buses. The cost of hiring these vehicles will be disbursed to the accounts of the students concerned.

Students with their own vehicles are not to take passengers in their cars without the knowledge of the coach or manager of the team and without the written permission of the parents or guardians of both the driver and the passengers concerned.

This information is included in the Student Diary.

Costs

The College budget aims to cover the costs of some coaching/tutoring, equipment and College-based facilities. To help cover extra equipment, court hire, fruitions or affiliation fees, most sports and cultural activities incur a charge, and parents are advised of this either in this booklet or directly from the sports or cultural coordinator early in the season.

Sport and Cultural Blazers and Colours

Each year students are awarded Blazers and Colours awards in recognition of their achievements. These are awarded by the Awards Committee, which meets once a term to consider nominations made by the coaches and coordinators of the various activities or by self nomination. The criteria for each sport or cultural activity are contained in a folder available in the library and also accessible via the intranet. The criteria for each sport and cultural activity are quite varied but the general principles are summarised below:

- Blazers are awarded to members of the College's top team in a particular sport or cultural activity, who have been regular team members and have exhibited a high degree of commitment and sportsmanship. Usually this means participation in at least eight games, which can be made up over more than one season. Students must have completed two years in the sport or cultural activity;
- Where there is only one team in a sport, or the College's top team is not performing at the highest level, the success of the team will be taken into account when considering the number of Blazers awarded;
- Colours are awarded to outstanding performers. The key criterion is that the student represents Canterbury at Under 18 level, secondary level, or better;
- Colours are primarily aimed at senior students, but exceptional performances by Middle School students playing at a senior level may be recognised by a Colour Award;
- Colours will generally be awarded at assemblies at the end of Terms 1, 3 and 4;
- An important component of the Colour Award will be the fact that these students are considered role models within the College and therefore their **attitude and behaviour** will be taken into account when considering awards;
- Both Blazer and Colour recipients will be eligible to have their blazers embroidered. This must be done through the College Shop during holiday times;
- Colours are awarded at assemblies and Blazer Awards are posted on notice boards.
- The awarding of Colours is not automatic.

Student Achievement

Please contact the Head of Co-curricular, Mr Denley Jones at DJ0@stac.school.nz, to inform him of student successes such as selection into representative teams or achievements in sporting or cultural competition outside of the College.

A calendar of school events for 2013 will be available at the start of Term 1.

Summer Sports

Athletics

Coordinator: Mr Chris Atkinson

General Information: Athletics coaching is available for the serious athlete and includes conditioning and event-specific coaching. Individual programmes will be written for committed athletes. Teams compete at all inter-school competitions.

Venues: Athletes need to assemble outside the Sports Coordinator's office by 3.30pm.

Student Commitment: Athletes are expected to train twice a week on Tuesdays and Thursdays after school.

Uniform/Gear Requirements: Most technical equipment is provided. A College athletic strip is available at the College Shop.

Costs: There are costs associated with entering events at inter-school competitions.

Cricket

Coordinator: Mr Michael Johnston

General Information: Cricket is played by boys' teams in the Saturday competition, as well as a girls' team in a Wednesday competition. A St Andrew's College Cricket Club committee helps administer cricket at the College.

Venues: Practice facilities with both grass and artificial pitches are available at the College.

Student Commitment: Players are required to attend practices after school once or twice a week and to play on Saturday afternoons. 1st, 2nd, 3rd XI, Colts and Under 14A players start their matches in the morning. They play during the summer holidays.

Uniform/Gear Requirements: Some team equipment is provided and players must wear whites and have a tracksuit top or blazer to wear when umpiring. Students are asked to take care not to damage or lose College cricket gear.

Costs: There is an annual subscription of \$70 per player.

Cross Country and Road Race

Coordinator: Mr Chris Atkinson

General Information: Training and coaching is available for those students who are interested in competing in the Cross Country and Road Race season. Individual programmes can be designed for those athletes who would like to develop further. Athletes will compete in the Canterbury Cross Country and Road Race Championships and the opportunity is available to compete in the New Zealand Cross Country Championships in Term 2.

Student Commitment: Athletes are expected to train once a week on Thursdays after school.

Uniform/Gear Requirements: Students are required to compete in a College athletics singlet and navy blue shorts. A pair of spikes is also useful for the Cross Country events.

Costs: There are costs associated with entering events at the Canterbury and New Zealand levels.

Golf

Coordinator: Mr Bill Clarke

General Information: Summer golf comes in three categories.

Category 1: Elite golfers (handicaps of less than 18) who play at Shirley from 3.00pm until 5.30pm (9 holes) or 7.30pm (18 holes). There is a minimal cost to cover transport. Coaching is also available for invited elite golfers at Shirley on Wednesdays, costing \$60 per term (approximately nine lessons).

Category 2: Golfers who have had lessons or who have some experience at golf, but do not belong to a golf club. Cost is \$50 per term at Hagley Golf Course including transport costs of approximately \$80.

Category 3: Students who want coaching each Tuesday at Shirley. The cost is approximately \$20 per week which includes professional tuition, practice balls and transport. Dependent on numbers for Term 1 only.

Student Commitment: Students are expected to attend all sessions.

Uniform/Gear Requirements: Students need to supply own clubs, bag and balls. School uniform may be worn with suitable golf or sports shoes.

Futsal

Coordinator: Mr Matt Nicoll

General Information: Recreational games take place on Wednesday afternoons at 2.30pm in the main College Gymnasium. Competitive Futsal teams will be selected in Term 1 and participate in the local Wednesday competition(s) in Terms 1 and 4. The Senior A teams may have the opportunity to attend the National Secondary Schools Tournament, depending on results.

Student Commitment: Players selected for 'A' teams are expected to be available for one training per week, all Wednesday inter-school games and for the weekend of the Canterbury Regional Tournament.

Uniform/Gear Requirements: All players require non-marking shoes. Recreational players need to wear their PE uniform. Competitive Futsal players will be provided with shirts that are to be returned at the end of Term 1 and at the end of Term 4. Players need their own shin guards and should purchase football shorts and socks from the College shop.

Costs: Recreational players have an annual subscription of \$10 per term. Competitive Futsal players have an annual subscription of \$50 plus any travel costs incurred. Any travel and accommodation costs for attending the National Tournament will be additional.

Multi-sport

Coordinator: Mr Rainer Klebert

Entries for Secondary School multi-sport events are organised in school with no organised practices, although there are some training sessions with outside coaches. Participation in these events does not fulfil a summer or winter sports commitment. Teams are entered into the Canterbury Triathlon and Duathlon Championships.

Events include duathlon, triathlon and multi-sport.

Rowing

Coordinator: Dr Jack Dzenis

General Information: Rowing is a sport that requires a good deal of commitment for both training and competition. It is an excellent method of improving fitness and strength as well as being an enjoyable team sport.

Summer Sports

Venues: Training takes place at Kerr's Reach on the Avon River. There are competitions at Kerr's Reach, Lake Hood, Lake Ruataniwha near Twizel and Lake Karapiro.

Student Commitment: Students new to rowing need to complete a learn-to-row programme before being selected into the competition squad. Rowers are expected to train at least four times per week, which includes some gym work. They are also expected to attend weekend regattas and a selection training camp in the second and third week of the January holidays.

Uniform/Gear Requirements: A rowing singlet is available from the College Shop. All other uniform items will be available to order during the season.

Costs: Learn-to-row programme is \$100. For the competitive entry squad, uniform, coaching fees and travel and accommodation costs for approximately five regattas will be disbursed to students' accounts throughout the year. Typically this amounts to \$2,000 - \$3,000 per year for students involved in every regatta.

A parent committee has been established to assist with logistics and also fundraising to help with the costs.

Squash

Coordinator: Mrs Raewyn Buckley

General Information: Summer squash is designed for beginners and involves coaching from a qualified coach. Players who learn quickly graduate from summer squash to winter squash, which is for more competitive players. One hour of coaching takes place on Tuesday at the Christchurch Football Club courts. Transport will be via taxi shuttle to and from the Club. Students will be back at school by 5.00pm. The cost of coaching and transport is divided by the number of students enrolled and dispersed at the end of Term 4.

Protective glasses must be worn. The school has 10 pairs, however students can purchase their own from Safety NZ. Shoes must have non marking soles and an own racquet is desirable but not essential.

Venues: To be advised.

Student Commitment: One after-school session per week.

Uniform/Gear Requirements: Students need to wear non-marking shoes and PE gear.

Costs: To be advised.

Swimming

Coordinator: Mr Ian White

Competitive swimmers are expected to be involved with a club.

Due to the damage to the College pool, onsite training will not be possible. A team will be entered into the Canterbury Secondary School Championships and the South Island School Championships.

Tennis

Coordinator: Mrs Leanne Power

General Information: Tennis teams are entered in the Wednesday sport competition and these players practise one afternoon per week and also take part in traditional inter-school fixtures. There are also opportunities for beginners to receive coaching.

Venues: Practices and home games are held at StAC and Elmwood Tennis Club.

Uniform/Gear Requirements: Players need to provide their own racquet. Balls are provided. Wednesday competition players wear StAC tennis uniform. The tennis uniform can be purchased from the College Shop.

Costs: An annual subscription of approximately \$60 per year is charged to subsidise entry fees and transport.

Touch

Coordinator: Mr Phil Adams

General Information: Touch is played by both boys' and girls' teams in the Wednesday sport competition throughout Terms 1 and 4. Usually teams practise once per week.

Venues: Practices and games are usually held on the 1st XV rugby field (Field 3).



Student Commitment: Players are required to attend practices after school and to play on Wednesday after school. There are occasional inter-school games for seniors during the holidays.

Please note: We have a limit on the number of teams we can enter so you may not be successful in getting into a touch team. When selecting touch, please select a second option.

Uniform/Gear Requirements: Senior A teams are provided with tops, other teams need an athletic singlet and white shorts. Balls and cones are provided.

Costs: Uniform hire fee for senior teams is \$10 per term. Transport costs, normally around \$40, will be disbursed to accounts.

Volleyball

Coordinator: Miss Anne-Maree Craighead

General Information: Volleyball is played by teams entered in the Monday after school/evening competitions, throughout Terms 1 and 4. Teams practise either before or after school, or at lunchtimes.

Venues: Practices are held in the College gymnasium.

Student Commitment: Players are expected to attend all practices and to be available for all Monday games. If selected into League teams in Term 1 you will be expected to attend tournaments such as Canterbury and South Island Championships and Nationals. Junior A teams also have Canterbury and South Island tournaments in Term 4.

Uniform/Gear Requirements: Students need to purchase their own top and shorts from the school shop.

Costs: All players are charged a \$50 subscription and travel costs will be disbursed in Terms 1 and 4. Travel and accommodation costs for tournaments will be disbursed to the accounts of individuals involved.

Comment: This is an exciting summer team sport for both males and females, catering for players of all levels.

Yachting

Coordinator: Mr Steve Macintosh

General Information: The Peter Mander Trophy, Rotary Trophy and team sailing inter-school competitions are held on selected dates. A schools' programme is run by the Naval Point Club. This includes a beginners-learn-to-sail, an intermediate introduction to two handed sailing and a team racing programme. Students may also follow their own training programme. A team sailing inter-school programme is offered for competition yachtees.

Venues: Sailing is held at the Naval Point Yacht Club in Lyttelton.

Prerequisites: Students should be enthusiastic and keen to learn to sail.

Student Commitment: Sailing sessions are held once a week on Wednesdays from 2:30pm until 6:00pm. Students are encouraged to compete in the inter-school regattas, one in March and a junior regatta in November.

Uniform/Gear Requirements: Wetsuit desirable as well as warm clothing such as polyprops. Life jackets will be provided.

Costs: Naval Point charge is \$10 per session and a small transport cost of \$4 each way per day.



Winter Sports

Badminton

Coordinator: Mr Richard Whiteside

General Information: Badminton has teams entered in the Wednesday sport competition.

Students Commitment: Commitment to Tuesday practice and Wednesday afternoons are essential. No previous experience is required.

Venues: Practices are in the College gymnasium on a Tuesday and games are at various venues around Christchurch on a Wednesday.

Uniform/Gear Requirements: Players need to supply their own racquets, and have correct PE gear for practice. Inter-school players should wear the StAC badminton uniform.

Costs: Students can either arrange for their parents to transport them to games or pay a transport charge of \$50 or less annually to cover the cost of taxis. The playing uniform is approximately \$60 and can be used for other sports such as tennis, squash etc.

Basketball

Coordinator: Miss Ann-Maree Craighead

General Information: Basketball is played on Saturday morning (Elite U23 and U17 teams) and Friday nights (most boys' and girls' teams). Most teams practise either once or twice a week after school or in the evening.

Venues: Practices take place in the College gymnasium. Games take place at various venues in Christchurch.

Student Commitment: Students are expected to attend all practices and games. No games are played in the holidays except for the U17 and U23 teams.

Uniform/Gear Requirements: A basketball singlet must be worn and can be purchased from the College Shop. Players are to wear navy PE shorts.

Costs: Approximately \$90 for Saturday grade and \$50 per Friday grade player to subsidise entry, transport, refereeing and BBNZ affiliation fee.

Cycling

Coordinator: Mr Brett Clark

General Information: Cycling takes place on a Wednesday at Tai Tapu. Rides include time trials, hill climbs and scratch races.

Venue: Tai Tapu.

Student Commitment: Students are expected to participate in the weekly races.

Uniform/Gear Requirements: High visibility gear is the preferred option. Cyclists must also have lights.

Costs: Simply the cost of race entries to the South Island Championships and the Litolff Cup.

Football

Senior Coordinator: Mr John Quealy

Junior Coordinator: Mr Matt Nicoll

General Information: Boys' competitive teams play in various grades of the Mainland Football Junior competitions. Girls' teams are entered in Wednesday sport competitions. These teams are selected towards the end of Term 1.

A Middle School XI (Years 9 and 10) and a Senior College XI (Years 11-13) are also entered in the Wednesday sport competitions for those players who are not selected for a competitive Saturday team. Practices take place twice a week after school either on the College grounds or at Elmwood Park.

Student Commitment: Students playing football are expected to be available on all playing days, including Saturdays during the school holidays over the winter months. Attendance at all practices and good communication with coaches/managers is expected.

Uniform/Gear Requirements: All players require boots and shin guards. All players will be provided with shirts which are to be returned at the end of the season. Players need to purchase football shorts and socks from the College Shop.

Costs: Wednesday players have no subscription but do incur travel expenses. Saturday players have an annual subscription of approximately \$80 and there is a \$25 uniform levy.

Golf

Coordinator: Mr Bill Clarke

General Information: Winter golf comes in three categories.

Category 1: Elite golfers (handicaps of less than 18) who play at Shirley from 3.00pm until 5.30pm (9 holes) or 7.30pm (18 holes). There is a minimal cost to cover transport. Coaching is also available for invited elite golfers at Shirley on Wednesdays, costing \$60 per term (approximately nine lessons).

Category 2: Golfers who have had lessons or who have some experience at golf, but do not belong to a golf club. Cost is \$50 per term at Hagley Golf Course including transport costs of approximately \$80.

Category 3: Students who want coaching each Tuesday at Shirley. The cost is approximately \$20 per week which includes professional tuition, practice balls and transport. Dependent on numbers for Term 1 only.

Student Commitment: Students are expected to attend all sessions.

Uniform/Gear Requirements: Students need to supply own clubs, bag and balls. School uniform may be worn with suitable golf or sports shoes.

Hockey

Coordinator: Mrs Leanne Power

General Information: The College enters teams in appropriate grades of the Canterbury Hockey Association weekly competition for both boys and girls. In the past boys have been in men's division 2 to 4, and youth grades 1 and 2. Girls have played in women's division Under 18 Grade. Players in the CHA competition must be prepared to play games right through Terms 2 and 3 and in the holidays.

Venues: All competition is at either Nunweek or Marist Park on the artificial turf. Practices are held at these venues and at StAC turfs also.

Student Commitment: Players are expected to attend all team trainings and maintain individual fitness. **NB: holiday play will be required.**

Uniform/Gear Requirements: Players in youth grade teams purchase their own uniform from the College Shop. Players need to provide their own stick, mouth guard and shin pads. Goalkeepers are encouraged to purchase their own gear but there is a limited amount of goalkeeper gear the College can provide.

Winter Sports

Costs: The following costs are estimates and depend on the amount of turf time used.
1st XI \$280, 2nd XI \$280, Youth \$220.

Important Dates: The boys' and girls' 1st XIs compete in national tournaments during winter tournament week. The boys' and girls' 2nd XI have the option to play in the local Nunweek Park tournament. Inter-school fixtures are also played.

Trials: Trials are held in Term 1, as most grades begin their competitions at the end of Term 1.

Netball

Coordinator: Mrs Leanne Power

General Information: Netball is played by teams entered in both the Wednesday school competition and the Saturday club competition. Practices are held either after school or early evening depending on the coach, and are generally once per week.

Venues: Practices are usually held on the College courts and occasionally at Hagley. Saturday games are held at the Hagley Courts between 9.00am and 3.00pm, and the Wednesday games are held at a variety of venues at 3.00pm.

Student Commitment: All players must attend trials at the beginning of the season and attend all practices and matches. The Saturday competition usually includes the first and last Saturdays of the holidays and all players are required to play. All players in the 9A and 10A teams will be required to play in the July school holidays' tournament. This tournament runs Monday to Wednesday of the first week.

Uniform/Gear Requirements: Players need to purchase their own tops and skirts from the College Shop. Dresses are supplied for the Senior A team and a \$25 uniform levy is charged.

Costs: Senior players \$90 and Junior players \$70. Transport, entry and tournament costs are dispersed at the end of the season.

Rugby

Coordinator: Mr Michael Johnston

General Information: Boys' teams are entered in the Saturday competition organised by the Canterbury Rugby Union. The girls' team plays in the Wednesday sport competition.

Venues: Teams practise twice a week after school on the College grounds.

Student Commitment: Players are expected to attend all practices and games. Students are expected to make themselves available for training and games in Term 1 and 3 holidays. Excellent behaviour is expected both on and off the field.

Uniform/Gear Requirements: College jerseys are provided. Players need to purchase their own socks and shorts from the College Shop. Practice equipment and balls are supplied by the College.

Costs: There is an annual subscription of \$100 per player.

Skiing / Snowboarding

Coordinator: Mr Ian White

The College enters a team at the Canterbury and South Island Championships. A time trial is held prior to these events.

Squash (Competition)

Coordinator: Mr Steve Macintosh

General Information: Squash is played by teams entered in the Wednesday winter sport competition. Teams are coached once a week after school on Tuesday.

Venues: Practices are held at the Christchurch Football Squash Club. Games are held at various venues.

Pre-requisites: All levels, including beginners, are catered for. Students not already members of a club will join Christchurch Football Squash Club with some subsidy provided by the school.

Student Commitment: Students are expected to attend one practice per week. In addition, team members play in the Wednesday competition throughout the winter terms. The A team may enter in the weekend Canterbury, South Island and National Secondary School Championships, depending on team strength.

Uniform/Gear Requirements: Racquets are provided for learner and recreational squash. Students should wear PE gear, non-marking shoes and eye protective glasses. Competition players wear the white school polo shirt and blue shorts.

Costs: \$40 coaching (for 20 sessions).

Table Tennis

Coordinator: Mr Lyndon White

General Information: Table tennis is available as a winter sport either as a recreational or inter-school sport. Two teams are usually entered in the Wednesday sport competition.

Venues: Practice and coaching sessions are held in the College mini-gym on a Tuesday. Competition matches are usually played at the Blenheim Road table tennis stadium on a Wednesday afternoon.

Student Commitment: Students opting for table tennis are expected to attend practice and coaching sessions on Tuesdays after school in the mini-gym and to play Wednesday.

Uniform/Gear Requirements: Participants need suitable non-marking shoes. Wednesday competition players should wear PE gear. Bats are available, although participants should have their own.

Costs: Transport costs are disbursed at the end of the season.

Trap Shooting

Coordinator: Mr Roland Burrows

General Information: Trap shooting is a sport that students take part in through Terms 2, 3 and 4.

Venues: Practices are held at the Canterbury Clay Target Club at McLeans Island on Wednesdays after school.

Student Commitment: Students are expected to attend all practices as well as the monthly shoots on Sunday at the Canterbury Clay Target Club and any other competitions as required.

Pre-requisites: No previous experience necessary, but students in Years 11, 12 or 13 cannot join trap shooting unless they have experience or have been involved in either Years 9 or 10.

Uniform/Gear Requirements: All equipment is provided.

Costs: Approximately \$400.

Year Long Sports Activities

Chess

Coordinator: Mr Ian White

General Information: Chess club takes place mainly during lunch hours during Terms 2 and 3. All levels of players are catered for from learners to advanced. The inter-school chess competition matches are played between 4.00 and 6.00pm on a day suitable to both teams (usually Thursday or Friday).

Venue: Library.

Student Commitment: Wednesday lunchtimes and one night after school for the inter-school team members.

Costs: None.

Equestrian

Coordinator: TBC

General Information: Students who have their own horses and who belong to clubs may choose this as a non-directed College activity. There are annual secondary school events - dressage, show jumping and one day horse trials in which the college enters a team or teams.

Polo is also offered in Terms 1 and 4. Ponies and tuition is provided on a weekly basis. An Interschool Polo tournament is held in both Terms 1 and 4.

Costs: All costs to be met by the parents.

Ice Hockey

Coordinator: Mr Geoff McGregor

General Information: Students can play at two levels:

- A development league on Wednesday afternoons to teach the basics of skating and stick handling.
- A combined high school league team for developing players, which has Saturday games. This level is played as non-contact.

Year Long Sports Activities

Venues: Practices and games are at the Alpine Ice Sports Centre with a professional coach. Games are Saturday mornings and the school team practises on Thursday evenings.

Student Commitment: Students in school teams are expected to train weekly on ice, maintain a good level of personal fitness and be available for games.

Training starts at the end of Term 1 and finishes at the end of the year.

Uniform/Gear Requirements: Gear is provided for new players attending the development league. As skill levels increase, players may wish to purchase their own playing and protective equipment. Personalised team shirts for Premier League players are available by contacting the team manager.

Costs: Ice fees for training and competition will be disbursed to students' accounts throughout the season.

Target Shooting

Coordinator: Mr Graeme Besley

General Information: Smallbore shooting can be a summer or a winter sport choice. For the members of the top school team, participation and competition goes throughout the year.

Venues: Practices take place at the Bangor St Range in central Christchurch on Wednesday after school.

Student Commitment: Students need to attend one of the practice sessions each week. Students are also responsible for arranging their own transport to and from the venue.

Pre-requisites: No experience is necessary, but as numbers are limited, selection trials are usually held.

Costs: \$20 per student towards ammunition costs.

Year Long Cultural Activities

Barbershop

Coordinator: Ms Virginia Humphrey-Taylor

Several barbershop groups are formed each year (male and female) by the Barbershop Coordinator. Practices are normally held after school and at lunchtimes. These groups compete in the National Barbershop Competitions. If successful there is an associated fee disbursed for travel and accommodation at the finals. In addition they perform at a number of school events and outside concerts.

Chamber Orchestra

Director: Mr Mark Hodgkinson

This group consists of about 14 string and woodwind players, with brass added if required. Entry to this group is by audition. The players have performed some challenging works in their time together. They meet on Monday after school.

Concert Band

Director: Mr Mark Hodgkinson

This is our wind band or symphonic band, rather like an orchestra minus the strings but with woodwind, brass and percussion sections. It plays original compositions, classical transcriptions, music from the shows and popular tunes, and is directed by Mr Mark Hodgkinson. Practice times are Thursday lunchtime in MS01, with a sectional practice every Friday lunchtime (woodwind or brass or percussion). More able Preparatory School students can join this group. A fee bearing annual camp is held for this group.

Dance

Coordinators: Ms Margot Button and Mr Simon Williams

Dance welcomes dances of all levels throughout the year. It offers classes in the following disciplines; Junior Jazz, Intermediate Jazz, Senior Jazz, Junior Hip Hop, Senior Hip Hop, and Contemporary Dance. Dependent on interest we are also able to offer other genres including lyrical dance and body conditioning.

Classes are generally held on Tuesdays and Thursdays after school in the Dance Studio. In addition the StAC Dancers perform at assemblies and school events. StAC Dance also presents a dance review in Term 4.

The cost for participation is approximately \$60.00 per term.

Debating

Coordinator: Ms Helaina Coote

Coach: Mrs Jacqueline Yoder

General Information: Debating is offered at three levels – senior, intermediate and junior. Each level has approximately two competition debates per term and these take place early on a Thursday evening. Meetings take place Monday lunchtimes and coaching sessions Wednesday lunchtimes.

Venue: Meetings and coaching take place in AB302. Thursday debates take place in various Christchurch schools.

Student Commitment: Students are expected to attend all meetings and coaching sessions, as well as take part in each competition debate.

Drama

Coordinator: Mrs Julie Drummond

Sheilah Winn Shakespeare Festival: The festival is staged in Term 1. Year 13 Drama students have the opportunity to direct two entries, one of 15 minutes duration and one of 5 minutes. Year 12 and 13 students have the opportunity to perform in these entries.

Senior College Production: Open to Years 11 to 13 students. Auditions will be held at the start of Term 1, with rehearsals commencing immediately. Students are required to attend an intensive week of rehearsals in the last week of Term 1 holidays. The show opens for a six night season (Monday to Saturday) in either week 3 or 4 of Term 2.

Years 9 & 10 Production: Auditions will be held at the end of Term 2, with rehearsals commencing at the start of Term 3. Some intensive rehearsals during the Term 3 holidays may also be required. The performance season opens after Labour Weekend in Term 4.

Jazz Band

Director: Mr Duncan Ferguson

This is our 'big band', playing music from the swing era as well as popular tunes, funk and jazz/rock numbers. Saxophones, trumpets, trombones, guitar, bass, keyboard and drums are involved. Practice times are Friday lunchtimes in MS01 and Thursday nights from 7.00 - 8.30pm. Entry is by audition. Rehearsals are aimed at Years 7 - 10. Each year there is the potential for this band to compete and perform at several festivals and concerts including the Blenheim 'Southern Jam', CPIT Jazz Fest and the NZSM Jazz Festival in Wellington. A fee for travel and accommodation is chargeable for participation in these events.

Jazz Combo

Director: Mr Duncan Ferguson

Musicians keen on jazz music are invited to register their interest for a four to seven piece jazz ensemble/combo. Drums, bass (double or electric), guitar, keys and one to three 'horns' will be the makeup. This group will be performing music by jazz greats such as John Coletrane, Pat Metheny, Miles Davis and many others and will involve a great deal of improvisation. This group currently rehearses 6.00pm on Thursday evenings. Each year there is the potential for this band to compete and perform at several festivals and concerts including the Blenheim 'Southern Jam', CPIT Jazz Fest and the NZSM Jazz Festival in Wellington. A fee for travel and accommodation is chargeable for participation in these events.

Junior Jazz Band

Director: Mr Duncan Ferguson

This jazz ensemble is open to students up to Year 11 and performs easier jazz, swing and 'funk' music. More able Preparatory School students are welcome to join.

Percussion Ensemble

Coordinator: Ms Roanna Funke

This group is run by Christchurch Percussionist and meets on Monday lunchtimes. Space is limited. This group performs at concerts and festivals when possible.

Pipe Band

Band Director: Mr Richard Hawke

General Information: The St Andrew's College Pipe Band has a proud history and strong tradition and performs in competitions and at many functions and occasions throughout the year. Currently there are 140 students involved with the Band. There is an opportunity to play the bagpipes, side drums or tenor drums.

Student Commitment: Weekly practices are at the College throughout the year.

Uniform/Gear Requirements: Band uniforms are supplied.

Rock/Contemporary Groups

St Andrew's has a proud history of strong rock groups that achieve well in Rock Quest and other competitions. Space is made available in the Music Department on Wednesdays and Fridays after school for bands to rehearse. Mr Ferguson and Ms Button make room bookings for these bands. Limited tuition is available for these groups.

Secondary School Choir - Stactastics

Director: Ms Margot Button

For Years 9 - 11, this group forms an excellent training ground for the Chorale while existing independently as a performing unit for chapel and public performances. Entry by audition. Practice times are Monday lunchtimes and Thursdays after school in MS02. This group also competes in the 'Big Sing' Choral Competition and other local choral festivals.

Secondary School Chorale - Staccoro

Director: Mr Ravil Atlas

This consists of senior students (Y12 and 13). It performs a variety of repertoire for major chapel services, assemblies, concert performances, and choral festivals such as the annual 'Big Sing' Choral Competition. Practice times are Tuesdays after school and Wednesday lunchtimes. Entry by audition only.

String Ensemble

Director: Miss Sandra Smith

The ensemble has about 18 - 20 members, and plays some interesting repertoire. It meets on Tuesday lunchtimes in MS01. More able Preparatory School students can join this group. The group takes part in local festivals and concerts. A fee bearing annual camp is held for this group.

Theatre Sports

Coordinator: Mrs Anna Garrett

General Information: Theatre Sports combines the physical skills of team sports and the mental agility of the Brains Trust. It is great training for real life. Learn to think on your feet and always have an answer at the tip of your tongue. Seriously great fun. Taken by professional tutors.

Venues: Theatre.

Student Commitment: Students need to attend weekly sessions and extra practices where required.

Weekly session times are:

- Years 9 and 10: Wednesday 3.00pm - 4.00pm
 - Years 11,12 and 13: Wednesday 4.00pm - 5.00pm
-

Writing For Publication

Coordinator: Mr Andy McIntosh

In 2013 the English Department will again be offering students the opportunity to attend a class, held once a week in AB301. The aim of the class is to foster creative writing talent in the College, in both poetry and prose; and to further student success in writing competitions. The class is run by our writer in residence, Mrs Kerrin Davidson. It is open to any students who are interested in creative writing, regardless of experience. Students need to be able to commit to regular attendance. Any queries should be directed to Mr Andy McIntosh in the English Department.

Sports and Cultural Choice 2013

Please read the following information, then complete the form overleaf, detach it and return it to your tutor or the Middle School Office. New students should return this when onsite for the Entrance Test.

1. All students in Years 9-12 must take part in at least two different sports or cultural activities throughout the year – at least one in each of the summer and winter seasons, unless it runs all year round. Participation is optional for Year 13 students.
2. For Years 9,10 and 11 students at least one of the sports or activities should be a team sport or cultural activity. See list on page 4 of this handbook.
3. Only enrol in sports and activities that you actually intend to do.
4. For **2013** you are required to do the same summer sport or activity in Term 4 as you chose in Term 1 – so choose carefully. The last date to change your sport in Term 1 is **Monday 11 February 2013**. Anyone who wants to change their sport in Term 4 will need a form signed by the Head of Co-curricular.
5. You will be allowed to reconsider your winter sport or cultural activity at the end of Term 1.
6. You are encouraged to choose a priority sport or cultural activity **and can choose one other per season**, but you need to check in the handbook to see when the likely practices and competition times are on, to ensure that you are able to do each without a clash of times. Students must get the permission of the Head of Co-curricular if they intend to do more than two sports in a season. Year 11 students and older are encouraged to specialise in one sport per season.

Team Player Contract

Students representing St Andrew's College in sport or cultural activities are encouraged to strive for excellence in presentation, preparation and performance so that the team and the individual become the best they can be.

ST. ANDREW'S COLLEGE PLAYERS / ATHLETES:

1. Take pride in representing St Andrew's College and are committed to the team and the school.
2. Play hard and fair - upholding the spirit of the fair play charter.
3. Attend all practices and games unless negotiated with coach or manager. (If you are sick and are unable to attend then you must ring the College and leave a message for your coach, or ring him or her directly).
4. Respect the authority of the coach and manager.
5. Always wear the full and correct sports uniform.
6. Always act in a manner that brings credit to themselves, the team and the College.

Sports and Cultural Selections 2013

Please complete and return this form.

Student's Name: _____ Class: _____

Please note that in some activities there may be too many applicants so some students may need to participate in their second option.

The sports and cultural activities I intend to take part in for this year are:

Summer

Option One: _____

Option Two: _____

Back-up option: _____

Winter

Option One: _____

Option Two: _____

Back-up option: _____

Please note: Students do not have to choose two options per season. If you choose a limited entry activity i.e.Touch, a back-up option is also required.

Parent/Guardian Permission

I/We have read the Team Player Contract, accept the conditions, and give permission for my son/daughter to take part in the sports and cultural activities above and agree to pay any expenses incurred.

Signed: (student) _____

Signed: (parent) _____

I am able to help, if required, in the following capacity (Coach, Manager etc):

Students are able to take itinerant lessons for Speech and Drama and Music. This is **additional** to the co-curricular obligations students have, as outlined in this handbook.

Speech and Drama

There are two speech and drama tutors working in the college, Helen Balch and Dianne Jones. They teach a range of skills including speech, drama, public speaking, musical theatre and performance skills. Students can have individual lessons or come in pairs or trios depending on requirements. Lessons are organised at a time to suit the student and class teachers. Students can sit Speech New Zealand or Trinity Guildhall exams and a number also enter the Christchurch Speech and Drama competitions. Students also come just for confidence and enjoyment. Enrolment forms are emailed to all families in January and are also available from Reception.

Instrumental and Vocal Tuition

The Music Department runs an extensive programme of instrumental and vocal tuition. Twenty-two tutors come into the College each week, some of them across two or three different days. For private lessons in the music suite studios, tutors charge approximately \$30 per half hour lesson. About 30 – 33 lessons are taken over the year during school time, mostly in the morning and early afternoon, although most of the drum lessons and some guitar lessons are taken after school. Lessons are usually rotated to ensure students do not miss out on the same subject area each week.

Reports are issued twice a year, at mid-term and end-of-year. Theory lessons are also available. The College has a supply of instruments for hire at \$45 per term (saxophones, horns, oboes and bassoons are \$50 per term.) For further details on this scheme and for information about the variety of performing groups available contact Mr Ferguson, request a copy of the department information booklet and fill in the application form on the back page.



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